Belt Rank System Update!

To improve the quality of training and provide necessary time for the students to become proficient in their skillsets, four intermediary levels are added to the belt system. We are announcing Sr Green-Brown ranks as part of the journey to black belt. This entails no other changes to the curriculum. This desirable change that is recommended by our national level training requirements will better prepare students to meet the black belt demanding requirements. This change is effective immediately.

Belts vs Stripes

What is the difference between getting stripes on a belt and getting a new belt? Stripes are a measure of readiness for rank testing. Since every cycle focuses on different skills, stripes are per test cycle only. If a student who has some stripes, chooses not to test for the next rank, the stripes are removed at the end of the cycle so the student can be evaluated for the following cycle.

Ranks are determined by the color of the belt. Students earn a new rank after they have shown proficiency in the material thought during the test cycle, and have participated in minimum required classes. Only violation of key tenets on Taekwondo may result in demotions. Otherwise, ranks are permanent.
Summer camps
Hard to believe we are already talking about summer!! Yes it is time to plan an active and healthy camp for the kids. Journey has two camps this summer. One open to all students. Another for members only. Save money by registering early. Check website for early bird registration prices: http://www.journeyma.com/camps.html

Updates made to the website
The Journey Martial Arts website has had a facelift! We have made it easier to navigate the site and find information. Also check out Special Offers and Event. You can also log into the members site directly. Check it out!

New Cycle and our Tenet
This cycle’s tenet is Integrity. Integrity is a trait of a true martial artist. Doing the right thing whether anyone is watching or not.

This cycle’s form is Leadership. Videos can be found on the secure website.

Physical Education credit for AISD
We are certified to offer PE credit for AISD middle school and high school. There is no additional cost for this program. Ask for details.

Weapons Training
Weapons training is a complementary skill that all students of 8 years of age and higher can participate in. We are now offering Nunchaku training in the program. Student are encouraged to select one weapon as their primary choice. (Black belts are required to participate in at least one field of weapons training.)

Students in the weapons training are eligible to participate in demos at no additional cost – just initiative!

After School Pick Up
There are few spots still available for after school pickup. We are offering this service at Doss and Highland Park Elementary schools. Please help inform those who may be looking for an after school pickup service. Many options available for 2-5 day pickup.

A Black Belt is a White Belt who never quit!

“Success depends upon previous preparation, and without such preparation there is sure to be failure” - Confucius
BE A LEADER!
Our new form for the cycle is “Leadership”. It is timely to remind everyone about the leadership program at Journey Martial Arts.

A true leader has the ability to work towards a vision and unify others towards a common goal. Leadership, a true life skill, is taught and practiced at Journey Martial Arts for students who join the leadership program. Opportunity for leadership in the program starts with the desire and passion to help the community and the students. Leadership program at Journey is a program that trains those who are willing to take that extra step to participate in teaching and assisting in the program. It grows with those who are willing to put in the extra time to learn and improve beyond average. A leadership program creates opportunities for training and training beyond regular participation in classes.

All students, especially teens and adults, who are interested in participating in the leadership program should contact me for additional information.

As Leaders our mission is to motivate, educate, and inspire students.

“People will not stick with their training if they are not being taught correctly. Being a martial arts instructor is certainly a privilege and honor, but more than that, it is a responsibility, and it should never be taken lightly.” Master Dave Kovar

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