Journey’s One Year Anniversary!

Hard to believe it’s been a year! What a Journey it has been already. It is so great to see the students striving for improvement, working towards a goal, believing in themselves, and achieving a life lasting accomplishment in martial arts training. We are glad that you have chosen Journey Martial Arts.

We certainly had our share of challenges to get started. Thanks to the students, parents, and families at Journey Martial Arts for your continued support and trust. Because of YOU, we overcame many of these challenges. We are more than ever determined to further improve our services and programs for you and the community this year.

See the details in this issue of the Newsletter about some of the new programs:

- Sponsorship of Master Mershad weapons and Extreme Seminar
- Off Campus Physical Education – Get school PE credit for being a member
- After School Pick up – The Tiger Bus is operational!
- Kinder kicks – a parent and me program for ages 1-4
- Leadership and Instructor training program for adults
- Expanding the weapons training – (Nunchucks coming soon)
- … and more

IMPORTANT UPCOMING DATES

One year anniversary – Open House
Sep 28 – Oct 1

Seminar by 7th degree black belt-
Master Michael Mershad
Oct 2 and Oct 3 – Register online THIS week!

After School Pick up
Registration is open now

Kinder Kick: For 1-4 year olds – Register now
Registration is open now for classes starting in October.

Old Quarry Village, Northwest Hills
7032 Wood Hollow Dr., Suite 105
Austin, TX 78731
512-670-9716
www.JourneyMA.com
NEW: Get Yours Today!

- Backpacks for school
- Nunchucks (Glows in the dark! Awesome!)
- New T-Shirts (pre-order now)
- Training equipment at the facility with discount
- HUGE referral gift certificate during September

After School Pick Up
Last year we had several requests for after school pick up. We are now offering this service at Doss and Highland Park Elementary schools. Please help informing those who may be looking for an after school pick up service.

Registration for Kinder Kicks is now open.

Announcing Kinder Kicks
At Journey we strive to create a family oriented training facility and programs for all ages. We are delighted to announce the start of a new family oriented program for ages of 1-4, Kinder kicks!

The program is filled with fun, games, and interaction between the parent and child in a safe environment. Ask about special referral program.

Master Mershad is in Town!
Master Mershad, 7th Degree Black Belt, will be in town Oct 2nd and 3rd. He will be doing two seminars on Nunchakus and Xtreme Taekwondo. Seminars repeat in two locations. One in Westlake and another one in Pflugerville. For your convenience, the Tiger bus will be available for transportation. Journey is a proud sponsor of this event. DON’T MISS THIS ONCE IN A LIFETIME OPPORTUNITY. REGISTER NOW!

Open house
We have an Open House the week of Sep 28-Oct 1 during the regular hours. You can bring a friend or family member to class during this week at no cost.

Share the benefits of martial arts training with others. Get involved.

OCPE – Off Campus Physical Education
We are certified to offer OCPE for AISD, which is middle school and high school credit for physical education. There is no additional cost for this program. Ask for details.

“Success depends upon previous preparation, and without such preparation there is sure to be failure” - Confucius
BEST DRESSED

You have probably heard Mr. K saying “lose your belt in class, lose a stripe!” It is less about the belt itself and more about properly taking care of your appearance, etc. It provides a better learning environment: Wearing clothing properly is for emphasis in supporting your team and your Journey. It is intended to provide safety and consistency for everyone.

Wear uniform and belt properly: Tuck in your T-shirt under the jacket.

You have options: Too hot in uniform? You can train in Journey T-shirts.

Win…

Strength is more than a physical ability. It includes the ability to stand by your decisions, have the self-discipline and willpower to deal with life challenges.

Martial Arts helps build life skills. Get involved!