2015 is a good year!
Belt Rank Test Time is here!

Wow! How exciting. We will be testing (and hopefully graduating) our first green belt class! This coming week is the “Full Uniform” week. No tees or shorts!

- Our ORANGE belts’ sparring is improving. It feels a little strange at first but by the time they graduate to green belt, they start feeling comfortable. They will have an opportunity for their first tournament soon. Information on next page.

- Registration is still open for the Summer Camp (June 8-13) and Rank Skip Camp (Aug 10-15, Mon-Sat), a week of fun and learning. The Rank Skip Camp is available for all belts up to Brown. You will learn the next level skills and have an opportunity to test. See http://www.journeyma.com/camps.html for details.

- If anyone knows of CHARITABLE events coming up where our students can strut their stuff, let Mrs. K know. If YOU want to be part of our DEMO team, let Mr. K know. We are gaining momentum and have a couple of demo possibilities that we are setting up. More information later. There is no extra cost, just initiative!

- Life skill achievement award for belts are here! Students have an opportunity to take a form to their teacher and set a goal. The teacher completes it stating that the student is following the black belt principles based on the Taekwondo tenets in daily school activities) – Courtesy, Integrity, Perseverance, Self-Control, and Indomitable Spirit.

- WEAPONS class – yes! Kama and Tactical Short Stick weapons training is progressing. Classes are free this cycle. Class costs will be included in the Ultimate monthly membership in the future. Must be at least 8 years old to attend.

IMPORTANT UPCOMING DATES

Camp Registration ONGOING
Summer Camp: Jun 8-12
“Rank skip” Camp: Aug 10-15

Last day to register for RANK TESTING:
Feb 19 (Register online)
Feb 17 (Register in Person)

RANK TESTING (Feb 20) - NO classes
Preschool – 5 PM  KIDS – 6 PM
Teens/Adults – 7 PM
Remediation/late test:
Feb 21 at 9:00 AM (no regular class)
Award Ceremony classes)
Feb 23 at 6:00 PM (All ages)

SPRING BREAK: Bring a Buddy all week
Pick any day during spring break, bring a buddy. Buddy’s parent must attend.

TOURNAMENT: March 28
Registration starts March 1

“Integrity” is about doing the right thing in a reliable way. People trust you and rely on you to do what you say you will do.

Old Quarry Village, Northwest Hills
7032 Wood Hollow Dr., Suite 105
Austin, TX 78731
512-670-9716
Sparring is fun. All Orange belt students and up MUST attend a sparring clinic or a private lesson before being eligible to spar. Safety should never be compromised!

**Why test in martial arts training**
Testing is an important part of a martial artist journey. It is a way to measure your achievements.

Assessment and judging is usually done based on:
- Developing proficiency in skills
- Physical and mental balance
- Focus and concentration
- Attitude, respect, and sportsmanship

**We Value Your Feedback**
Please post your comments and feedback to any:
- [https://www.facebook.com/JourneyMa](https://www.facebook.com/JourneyMa)
- [Http://www.journeyma.com/gallery.html](http://www.journeyma.com/gallery.html)
- [Https://plus.google.com/+JourneyMartialArtsAustin](https://plus.google.com/+JourneyMartialArtsAustin)

Or just send us an email to:
info@journeyma.com

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**PROSHOP BLOW OUT SALE**
Offer available to the new orange belts: Journey branded gear with 10% discount when purchased by Feb. 25.

Limited time offer through end of Feb:
- All Long sleeve T-shirts at 40% sale.
- All Red and Blue T-shirts at 25% off

**Announcing Journey Martial Arts School Tournament**

Categories: (Ask for details)
- Journey Cycle Form
- Free style form (your own form with music)
- Board breaking
- Sparring

Why compete:
- Makes us a better martial artist whether we win or not
- Push us for a challenge. It’s a life skill
- Build courage
- Compare your training to others

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“Success depends upon previous preparation, and without such preparation there is sure to be failure” - Confucius
MARTIAL ARTS TRAINING COSTS – WHAT TO EXPECT

Martial Arts is a journey. Training skills and opportunities grow as students move up the ranks. Like any other sport (football, hockey, gymnastics, you name it!) at times there are costs associated with these activities. There are various opportunities such as: Rank test, Tournaments, training boot camps, etc with martial arts which incur different costs.

We have tried our best to guide the parents and students about what to expect for typical costs. All students are encouraged to refer to the document on their Kicksite members account and review the ESTIMATED costs.

Student start sparring at Orange belts. At Journey Martial Arts only Journey branded sparring gear is allowed.

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www.JourneyMA.com

Strength is more than a physical ability. It includes the ability to stand by your decisions, have the self-discipline and willpower to deal with life challenges.

Martial Arts helps build life skills. Get involved!