



## Schedule Effective Aug 20, 2019

	M	T	W	Th	F	Sa
Lil Tigers	5:00 PM	-	5:00 PM	-	5:30 PM	-
Kids White-Yellow (6-8 Years)	5:30 PM	4:30 PM	5:30 PM	4:30 PM	5:30 PM	9:30 AM
Kids Orange-Brown (6-8 Years)	5:30 PM	5:30 PM	5:30 PM	4:30 PM	5:30 PM	9:30 AM
Kids Red-Black (6-8 Years)	6:30 PM	5:30 PM	5:30 PM	4:30 PM	5:30 PM	9:30 AM
Kids White-Yellow (9-12 years)	5:30 PM	4:30 PM	6:30 PM	5:30 PM	6:30 PM	9:30 AM
Kids Orange-Brown (9-12 Years)	5:30 PM	5:30 PM	6:30 PM	5:30 PM	6:30 PM	9:30 AM
Kids Red-Black (9-12 Years)	6:30 PM	6:30 PM	6:30 PM	5:30 PM	6:30 PM	9:30 AM
Teens/Adults White-Brown	7:30 PM	6:30 PM	7:30 PM	7:30 PM	6:30 PM	11:00 AM
Teens/Adults Red-Black	6:30 PM	6:30 PM	7:30 PM	7:30 PM	6:30 PM	11:00 AM
Ultimate Leadership Training	-	-	-	-	5:00 PM	-
Sports Clinic	-	-	-	-	-	10:30 AM
Open floor activities	-	-	-	-	6:30 PM	-
Hyper Pro	-	-	-	6:30 PM	-	-

**On-Time Policy:** No Lesson Credit will be given to students arriving late for a lesson

**Ages:** Lil Tigers 4-6, Kids 6-12, Teens 12-15, Adults 16+ (individuals are assessed for proper program)

**Sports Clinics:** All ranks 8+, Range of programs such as weapons and Jiu-Jitsu

**Open Floor Activities:** Varies per cycle. Families can participate in the same class

**Private Lessons:** By appointment only

**Hyper Pro:** By invitation only

### Formula for success

- \* Attend 2-3 classes/wk
- \* Take private lessons
- \* Practice at home

### Minimum class attendance/cycle to Test

White	Yellow & Orange	Green & Blue	Purple & Brown	Red & Red/Blk	Black
10	12	14	14	16	16